

12<sup>th</sup> January 2026

Dear Parent Carers

We have secured a fantastic offer with PAL Fitness Education for a free 4-hour session for your child, PAL Fitness Education CIC is pleased to deliver Enhanced Learning Opportunity (ELO) taster sessions at Evesham Velo Park, in partnership with Newbridge School.

These sessions provide a positive, inclusive and engaging learning experience beyond the classroom. Each taster session lasts up to four hours and is fully supported by experienced PAL instructors.

Sessions are designed to meet children at their own level and are suitable for all abilities, including those who are already confident and independent riders, as well as those who may be new to cycling. Children will have access to a wide range of adapted bikes, including trikes, side-by-side bikes and hand cycles. These adapted cycles provide additional stability, support and control where needed, ensuring that every child can take part safely and confidently, regardless of their experience or physical needs.

Throughout the session, pupils are encouraged to develop key outcomes such as independence, confidence and resilience. Children are supported to challenge themselves, try new skills and experience success in a safe, inclusive environment. Alongside physical activity, sessions promote teamwork, communication and enjoyment of being active.

The ELO taster sessions aim to help children build positive relationships with physical activity, discover new interests and gain skills that cannot always be developed within a traditional classroom setting.

More information can be found on their website here: <https://pal-fitness-education.org.uk/elo/>

**For your child to take part in the sessions, please complete the enclosed consent forms and return to the school office by Friday 16<sup>th</sup> January.**

Should you have any questions, please do not hesitate to contact the school office on 01905 763580.

Yours sincerely



Ian Enwright  
Executive Head Teacher